

## Osamu Kitayama, M.D., Ph.D.

Psychoanalyst (Private Practice)

Training and Supervising Analyst of Japan Psychoanalytic Society  
Professor Emeritus of Kyushu University

### [Academic Background]

After completing his studies at Kyoto Prefectural University of Medicine, KITAYAMA went to London and started psychiatric training at the Maudsley Hospital and psychoanalytic training with Thomas Hayley, a training analyst at the British Psychoanalytic Society. After returning to Japan, he opened his own practice Kitayama Clinic (now Minami Aoyama Mental Health Counseling) in 1980, where he, along with several colleagues, treated many patients psychoanalytically. From 1993 to 2010 he was professor of psychoanalysis, post-graduate School of Human-Environment Studies, and professor of medicine at Kyushu University and chairman of the Japan Psychoanalytical Association (2006-2009). Today KITAYAMA is Vice President of Hakuoh University which is located near Tokyo.

KITAYAMA authored of more than 100 articles, including English publications in International Journal of Psycho-Analysis, and approximately 15 books, such as “Prohibition of Don’t Look” (Iwasaki Gakujutu Shuppansya, 2011) in English and other books on Psychoanalysis and Medical Communication. He is especially interested in object relations theories and culture-oriented psychoanalysis.

### [C.V.]

Born in 1946 on the island of Awaji located off Kobe

1972 Graduated from Kyoto Prefectural University of Medicine

1993-2010 Professor of Psychoanalysis and Clinical Psychology and later Concurrent Professor of Medicine, Kyushu University

2006-2009 President of Japan Psycho-Analytical Association

2009-Present Vice-President of Japan Psychoanalytic Society

2014-Present Vice President of Hakuoh University

### [Musical Background]

While studying at Kyoto Prefectural University of Medicine, he founded with his friends a folk song band Folk Crusaders. After their home-produced piece “The Return of the Drunkard” surprisingly became a top hit selling three millions in 1967, he wrote lyrics for a number of songs including “I Wish You Could Come Back Once More” (1971), and “Children Who Don’t Know War” (released in 1971), for which he

was given the Japan Records' Best Lyricist Award.

[Academic Publications in English]

Kitayama, O.: Pre-oedipal 'taboo' in Japanese folk tragedies. *International Review of Psycho-Analysis*, vol.12, part 2, pp.173-186(1985).

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Kitayama, O.: Japanese tragic legends and a maternal prohibition. *Research Bulletin of Educational Psychology*, Faculty of Education, Kyushu University, vol.39, no.1, pp.7-16 (1994).

Kitayama, O.: On the therapist's receptivity towards the patient's disclosure and shame experiences in Japan. *Research Bulletin of Educational Psychology*, Faculty of Education, Kyushu University, vol.40, no.1, pp.9-20 (1995)

Kitayama, O.: Psychoanalysis in shame culture. *Bulletin of American Society of Psychoanalytic Physicians*, vol.85, no.2, pp. 47 -50(1997).

Kitayama, O.: Transience: its beauty and danger. *International Journal of Psycho-Analysis*, vol.79, part 5, pp.937-950 (1998).

Kitayama, O.: Affect and language - East and West *Journal of Korean Psychoanalytic Society*, vol.11, no.2, December, 2000.

Kitayama, O.: Prohibition and transience. In: *Mankind's Oedipal Destiny*, ed. P. Harrtocollis. Madison: International Universities Press, pp. 251-269 (2000).

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Kitayama, O.: Descending love from a "Great Mother": towards Henry Moore from Japan with a clinical insight. *Japanese Contributions to Psychoanalysis*, vol.1, pp.204-226 (2004).

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Kitayama, O.: Psychoanalysis in the "shame culture" of Japan: a "dramatic" point of view. In: *Freud and the Far East*. ed. S. Aktar. Lanham: Jason Aronson, pp.80-104 (2009).

Kitayama, O.: How did the Japanese approach and "resist" psychoanalysis 80 years ago? *Japanese Contributions to Psychoanalysis*, vol.3, pp.203-213(2010).

Kitayama, O.: The "Japanese ways" in psychoanalysis. In: *100 years of IPA*, eds. P. Loewenberg & N. L. Thompson. London: Karnac Books, pp.402-403(2011).

Kitayama, O.: Psychoanalysis in the "shame culture" : a drama-based viewpoint. In: Psychoanalysis in Asia : China, India, Japan, South Korea, Taiwan. eds. A. Gerlach et al. London: Karnac, unpagged, (2013).

Kitayama, O.: Takeo Doi "wrestled" with Freudian psychoanalysis. Japanese Contributions to Psychoanalysis, vol.4, pp.127-141(2014).

Kitayama, O.: Becoming a psychoanalyst: to think about the nature of jealousy. Psychoanalytic Inquiry, vol.36, pp.162-170(2017).

